

Philip John Cowen CV

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Research Appointments and qualifications

Current: Professor of Psychopharmacology and Honorary Consultant Psychiatrist, MRC Clinical Scientist and Member of External Scientific Staff (since 1983). Post funded by MRC
University Department of Psychiatry, Oxford

1979- 1983 Fellow in Clinical Psychopharmacology
MRC Unit of Clinical Pharmacology, Oxford

1976-1979 Rotational training scheme in psychiatry
Kings College Hospital, London

1968-1974 Intercalated BSc in Pharmacology,
MB, BS
University College London

1979 Member of the Royal College of Psychiatrists

1984 MD (Research Doctorate)
University of London

Current responsibilities

I lead a research group, funded by the UK Medical Research Council, whose goal is to carry out translational research in mood disorders. I direct and co-ordinate the research work of clinicians and scientists investigating the pathophysiology and treatment of mood disorders using state of the art techniques including multimodal brain imaging, neuroendocrinology and neuropsychology. I am clinically qualified and clinically active. My main clinical and research interests are in mood and anxiety disorders and stress-related conditions. I also have conducted studies of the mode of action of psychotropic drugs and their clinical and adverse effects.

Esteem indicators

- Member of MRC Neurosciences Board (1994-1998 and 2011-2015)
- MRC Advisory Panels for CFS/ME (2002, 2008) and Gulf War Syndrome (2003)
- Elected to a personal Chair in Psychopharmacology in the University of Oxford (1997)
- Elected to a Fellowship of the Academy of Medical Sciences (2000)
- "Distinguished Investigator Award" from the National Alliance against Schizophrenia and Depression, a leading US mental health charity (2003)
- Fellow of the Royal College of Psychiatrists (1990)
- Awards Committee of the ECNP (2010-2015)
- NICE Guideline Panel on Generalized Anxiety Disorder (2010-2011)
- BAP treatment guidelines committee (Bipolar Disorder and Depression)
- Elected CINP Councillor (2012-2016)

- BAP Lifetime Achievement Award (2014)

Current Grants Held (Applicant and Co-Applicant)

- MRC Programme Grant, Principal Applicant "Clinical psychopharmacology of depression". £1.7million, 2018-2024 (*Current programme grant*)
- MRC Biomedical Catalyst DPFS, Co-Applicant (PI, Professor Trevor Sharp) "A novel lithium-mimetic drug for the management of impulse control disorder". £867K, 2013-2024 (*Translational study investigating anti-impulsive effects of ebselen in animal models and healthy participants*)
- MRC Research Grant, Co-applicant (PI, Professor Catherine Harmer) " MICA: 5-HT4 receptor activation as a novel mechanism of antidepressant action". £1.0million, 2016-2023 (*Modelling the effect of a selective 5-HT4 receptor agonist on emotional processing in depressed patients*).
- MRC Experimental Challenge Grant, Co-applicant (PI, Professor Catherine Harmer) "MICA: An experimental medicine model for fast acting antidepressant drug treatment in treatment resistant depression. £945K, 2019-2024 (*Assessing the effect of intravenous ketamine on habenular activity in depressed patients using fMRI at 7T*).

Publications

Over 600 peer reviewed papers, h-index 109, 47,000 citations. Senior author of 'The Shorter Oxford Textbook of Psychiatry'- the main text used by UK trainees in psychiatry.